

HARVEY'S
AL FRESCO
@ THE HENDERSON



APHRODISIAC @ HARVEY'S
PRE-VALENTINES WINE DINNER
FEBRUARY 8th 2023

An aphrodisiac is a substance that increases sexual desire, sexual attraction, sexual pleasure, or sexual behavior. Substances range from a variety of plants, spices, foods, and synthetic chemicals.

Both males and females can benefit from the use of aphrodisiacs, but they are more focused on males as their properties tend to increase testosterone levels rather than estrogen levels. This is in part due to the historical context of aphrodisiacs, which focused solely on males. Only recent attention has been paid to understanding how aphrodisiacs can aid female sexual function.

In addition, cultural influence in appropriate sexual behavior from males and females also play a part in the research gap.

\$75 per person (plus tax & gratuity)

Tickets must be purchased in advance and are non-refundable. Tickets may be transferred for the date of the event only.

Please review the menu before reserving a table, menu modifications will not be possible.

Link below or call (828) 696 2001 for reservations

<https://checkout.square.site/buy/UZM327CIOLH2PYBL3NDLEF5E>

WELCOME BUBBLES

Ménage à Trois, Prosecco Sparkling Wine

Chilled Avocado Soup

Lime and Jalapeño Crème Fraîche

{The Aztec name for Avocado literally translates to testicle. It was deemed so powerful that village maidens were forbidden to set one virginal toe outside the house while the fruit was being gathered}

Maison Saint AIX, Coteaux d'Aix-en-Provence Rosé (2021)

Oysters and Pearls

Fried Louisiana Oysters, Saffron Pearl Pasta

{The Oyster is low in fat, high in complex sugars and proteins, and loaded with zinc, a key ingredient to testosterone production and, hence, sexual performance for both genders.}

Folie à Deux, Pinot Gris Sonoma Coast (2019)

“My Heart Beets for You”

Hearts of Palm and Roasted Beet Salad, Basil Dressing

{Haitian lore claims Basil comes from Erzulie, their goddess of love. Early on, Basil was used for centuries to keep wandering eyes at home. Wives with straying husbands powdered their breasts with this pulverized herb}

Complicated, Pinot Noir Sonoma Coast (2020)





Heart and Sole

Poached Lemon Sole, Artichoke Hearts, Passion Fruit Mojo

{The Artichoke is a thorny vegetable, like many lovers, plays hard to get (which like many suitors, just makes one want it more.) It was often prescribed by doctors for their male patients who sought to increase bedroom performance}

Passionesentimento Rosso Veneto (2019)

Flourless Chocolate Cake

Fresh Strawberries, Whipped Cream

{The Aztecs and Mayans were the first to recognize the potency of Chocolate, celebrating the harvest with festivals of wild orgies. The Strawberry is usually a symbol of sensuality and earthly desire in art and literature. It is often associated with fairy folk. In Bavaria, a basket of the fruit is sometimes tied between a cow's horns to please the elves so the cow will be blessed with abundant milk}

Folie à Deux, Zinfandel Dry Creek Valley (2018)

